

 **disty**

**disty** <sup>NEO</sup> **Notruf**

**German** DE

**English** EN

**French** FR

**Italian** IT

**Spanish** ES



## Operating Instructions

**Certified  
Product**



Made in Germany

[www.disty.de](http://www.disty.de)

**Verpackungsinhalt**  
**Package contents**  
**Contenu de la livraison**  
**Volume di forniture**  
**Volumen de suministro**



**distyNotruf NEO**



zweites Armband  
second wristband  
deuxième bracelet  
secondo bracciale  
segunda pulsera



Bedienungsanleitung  
Operating instructions  
Mode d'emploi  
Manuale di istruzioni  
Manual de instrucciones



Netzteil/Ladekabel  
(USB-Kabel)

Mains adapter/charging lead  
(USB cable)

Câble d'alimentation/Câble du  
chargeur (Câble USB)

Cavo di alimentazione/Cavo di  
ricarica (cavo USB)

Cable de alimentación/Cable del  
cargador (cable USB)



Halsband  
Neckband

Collier

Collare

Collar



Gürtelclip  
Belt clip

Clip de ceinture

Clip da cintura

Clip del cinturón

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## Congratulations!

**You are the owner of a distyNotruf NEO DECT/GAP telephone accessory, which can be easily operated with the touch of a button**

**distyNotruf NEO is the direct connection to your trusted contacts**

You determine who you would like to speak to directly in the case of an emergency. You may pre-programm up to 5 telephone numbers. For this, **distyNotruf NEO** must be first subscribed into the DECT base station of your telephone (see page 23).

Once you have pressed the alarm button, **distyNotruf NEO** dials the first of your pre-programmed telephone numbers and you can speak directly as soon as the receiver answered the incoming phone call. The receiver must confirm their acceptance of the call by pressing the "#" key on their telephone. If this confirmation is not received because the receiver is not there, the line is engaged or the answer machine is triggered, then **distyNotruf NEO** automatically calls the next pre-programmed number until the emergency call is personally accepted and confirmed.

## distyNotruf NEO as a telephone with hands-free function

**distyNotruf NEO** can also be used as a telephone. All incoming calls can be accepted with a single touch of a button. You are now contactable from any place in your home.

**distyNotruf NEO** can even be used in the garden or the cellar.\* **distyNotruf NEO** is spray-proof and can even be used in the shower.

## distyNotruf NEO is worn just like a wristwatch

When feeling unwell/ frightened, if you have health problems, are attacked, fall, etc., you can communicate immediately with the touch of a button.



\* up to 50 metres from the base station within buildings

## Commissioning

And three simple steps are all that are needed to configure and activate the device: charge, register with the base station, enter the alarm number(s).

## Charging

Before putting into operation, **distyNotruf NEO** must be fully charged (at least 4 hours). First, attach the charging lead to the **distyNotruf NEO** and connect to the mains adapter and then plug it into the socket. **distyNotruf NEO** is fully charged when the red LED is off.



## Subscribe and pre-programm the alarm numbers

The "ProgrammerApp" can be used to simply and quickly register the device with a base station and pre-programm the alarm number(s). Simply connect the **distyNotruf NEO** to a PC using the USB cable.

With the "ProgrammerApp" (for Windows 7/8/10), which can be obtained from **www.disty.de**, you can pre-programm the telephone numbers on the device and register **distyNotruf NEO** with your DECT phone. The "ProgrammerApp" is also used to deregister the device or reset individual parameters.

All configuration options can be found in the user guide for the "ProgrammerApp", which you can download as a PDF together with the installation file.

If no PC is available at hand, you can also register the device and pre-programm the alarm number(s) by phone (see chapter "Tips & tricks", from page 31)

**distyNotruf NEO is now operational.**

## Mode of operation

### Make a direct call

Press the alarm button. **distyNotruf NEO** is now calling the first of the pre-programmed telephone numbers. The red LED flashes and shows that the connection is being established.

### Contact chain/alarm confirmation

The acceptance of the direct call must be confirmed by the receiver (acknowledged) by them pressing the "#" button on their telephone after answering the incoming phone call. The person being called will receive a message requesting them to confirm. This spoken phrase is available in several languages. If the emergency call is not confirmed within 20 seconds, **distyNotruf NEO** automatically calls the second number and, if this is not accepted, the next pre-programmed number. This is repeated until personal contact to a trusted person has been established.

#

*This key must be pressed by the receiver of your call in order to accept the direct call. (This ensures that an answering machine does not accept the call). Please inform your trusted contacts!*

## lab Cancelling a direct call/an alarm

If you accidentally trigger an alarm, simply press the alarm button again.

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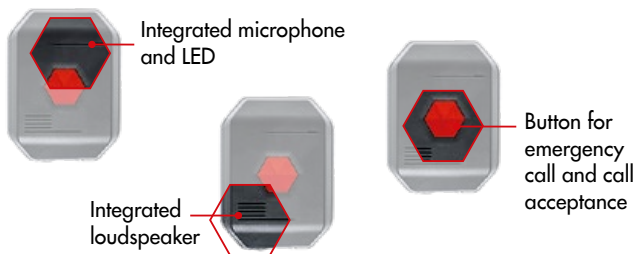
## lab Accepting calls

All incoming calls can be conveniently accepted via the button. The **distyNotruf NEO** signals an incoming call with a green flashing LED and beeps.

## lab Range warning

If you move to the limits of the **distyNotruf NEO** range, an alert will sound (only during phone call).

## lab Alignment of the user interface



## lab Troubleshooting


**When I press the alarm button to trigger an alarm call, nothing happens.**



- Check whether the LED is flashing red. Your **distyNotruf NEO** is not connected to the base station. Be aware that you must be within the range of the base station/max. range: 50 m.
- Check whether **distyNotruf NEO** is sufficiently charged. If necessary, charge it using the supplied charging lead at a power outlet.

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**I can trigger the alarm, but cannot make contact.**

- Make sure that the **distyNotruf NEO** is within the reception range of the base station (up to 50 m in the house and up to 300 m outdoors).
- Check whether **distyNotruf NEO** is sufficiently charged.
- There could be a telephone network problem. If you also cannot make a connection using your normal telephone, then there is a telephone network error.



Charging mode	LED/tone	
Connect to the charging lead	Signal tone, red LED lights up once	
Connected to the charging lead	The red LED flashes during the charging process and disappears when the charging process is complete (flashing rhythm once a second)	

## Wearing options


The **distyNotruf NEO** can be worn on the body in three different ways:








### Option 1: Attachment the **distyNotruf NEO** to the wrist

The wrist strap is pre-assembled in the factory. The **distyNotruf NEO** should be attached to the wrist so that the charging socket faces the body. The shorter end of the strap should be pulled through the opening of the other half of the strap and tightened against the wrist. Both pins on the closure must be pressed into the opposing holes and clicked into place.



In case of disassembly, from the outside of the hole, press with a pin or paper clip on the spring bolt so that this is pressed together and can be removed from the hole. If the length and closing mechanism of the pre-assembled armband are not appropriate, you can replace it with the second armband provided.

Mode	LED/tone	
Battery low	Red LED flashes every 30 secs., signal tone	
Subscribed, registered	Green LED flashes once every 10 secs.	
Subscribed, outside the range/ no base station	Red LED flashes every second	
DECT connection	Green LED lights up	
Alarm	Red LED flashes quickly	
Incoming call	Green LED flashes, signal tone once	
Range (limit)	Red LED flashes quickly, signal tone	



### Option 2: Attachment using the belt clip

Remove the wrist strap (see paragraph in Option 1) Remove the spring bolts from the wrist strap and insert a spring bolt on the side of the charging socket.

Press through the centre lug of the clip until it reaches the underside of the clip and slide under the mounted spring bolt. Slide the second spring bolt into the clip. Bring the clip almost into its end position while sliding one side of the spring bolt into the hole provided. Press the second side of the spring bolt towards the clip, thus pressing the clip into its final position.

### Option 3: Attaching using the neckband

First of all, mount the clip as described above. Slide the lanyard strap under the outer lug.



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## Tips & tricks

### Switch device off

If you do not need the device for a longer period of time (e.g. when away on holiday), you can switch it off completely.

- connect the **distyNotruf NEO** with the voltage-supplied charging lead, the red LED will then shine and an acoustic signal will ring out to confirm it is connected
- after 5 seconds at the latest, press and hold the alarm button
- now remove the voltage-supplied charging lead and let go off the button **at the same time**

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### Personal alarm

*This feature is not available in all devices.*

Although the device only has a single button, it is still possible to ring a specific second alarm number. The required settings for this can be found in the "ProgrammerApp" under the tab „Configuration 2“.

To dial this second number, you need to press the emergency call button twice and quickly. The first emergency call number, which is activated by pressing the button for at least 1 second, is not affected by this.



## Configuring the device without the "ProgrammerApp" (PC)

### Subscription

Start the process on the base station of your normal DECT telephone for registering a further mobile handset (see the operating instructions of your base station).

Connect the charging lead to the **distyNotruf NEO** and then plug the cable into a power supply. Now press and hold the button until the green LED starts to shine (10 seconds). Release the button within 5 seconds. The green LED will now start flashing, which means the **distyNotruf NEO** is looking for a base station that it can register with.

After successful registration, a loud acoustic signal will ring out. This means the registration process has been completed.

**"First incoming call"** (only save the first emergency number)

→ voltage-supplied charging lead not plugged in

Ask the person (e.g. a family member, neighbour), who you want to reach after pressing the button, to call you. Following this the telephone number of the caller (CLIP) will be saved as an emergency number after registration has been completed. You will know that the emergency number has been saved successfully when the **distyNotruf NEO** ends the connection as soon as the call has been accepted.

### Programm all alarm numbers

To programm the alarm numbers by telephone, proceed as follows (a new call is needed to save each individual alarm number):

- Call your **distyNotruf NEO** from a normal telephone or a mobile phone (not an internal call from another mobile handset to the same base station)
- Accept the call with your **distyNotruf NEO**. In order to avoid acoustic feedback, try to ensure the telephone and the **distyNotruf NEO** are not in the same room when programming the device.
- Enter the following numbers on the telephone, whereby „xxxx“ relates to the phone number you want to save. When saving, any existing entries will be overwritten.
  - For the 1st alarm number: \*\*9 [wait 1-2 sec.] 2xxxx #
  - For the 2nd alarm number: \*\*9 [wait 1-2 sec.] 61xxxx #
  - For the 3rd alarm number: \*\*9 [wait 1-2 sec.] 62xxxx #
  - For the 4th alarm number: \*\*9 [wait 1-2 sec.] 63xxxx #
  - For the 5th alarm number: \*\*9 [wait 1-2 sec.] 64xxxx #
- End the connection

## Reset/Unsubscribe

The settings configured by you can be reset to the original factory settings. The emergency numbers that have been programmed are not removed, however. The registration details of the base station are deleted. This means you will have to reregister the device with a base station before you can use it again.

Please complete the following steps to do this (the **distyNotruf NEO** must be registered with the base station):

- Connect the **distyNotruf NEO** with the voltage-supplied charging lead, the red LED will then shine and an acoustic signal will ring out to confirm it is connected
- After 5 seconds at the latest, press and hold the alarm button for 10 seconds – the green LED will start to shine
- Release the alarm button before the LED switches off again (within 5 seconds)
- A tone can be heard and the red LED will start to shine
- Remove the **distyNotruf NEO** from the voltage-supplied charging lead
- The **distyNotruf NEO** switches itself off

To reset your **distyNotruf NEO** to factory adjustment, use the “ProgrammerApp” to do this.

## Technical data

- DECT/GAP, EN 300 444 (Frequency range and transmission power: compliant with standards of EU/EFTA/AUS)
- Compatible with all consumer DECT/GAP base stations and all professional DECT systems
- Compatible with FRITZ!Box and Speedport Neo
- Button for distress calls and operation
- LED Power indicator (in two colours)
- Microphone and speaker
- Standby time: > 120 hours | Speaking time: > 4 hours
- Interface for programming  
USB cable, Type A — USB, Type C
- System requirements: Windows 7/8/10
- Lithium-Ion battery, capacity: 450 mAh
- Operating temperature: -10°C to +40°C
- Storage temperature: -10°C to +60°C
- Weight approx. 46 g (incl. wristband)
- Plastic housing, 56 mm x 42 mm x 14 mm, Colour: anthrazite
- Protection class: IP 65

## Declaration of conformity

We, disty communications GmbH, declare that **distyNotruf NEO** conforms to the basic requirements and other relevant terms of the 2014/53/EU guidelines (Radio Equipment Directive; RED). The conformity is confirmed by the CE symbol.

The full declaration of conformity can be viewed on our website: [www.disty.de](http://www.disty.de)

Professional users will find additional information in the service section of our website [www.disty.de](http://www.disty.de).



## Safety information

Please observe the following safety information and check the packaging contents before first use.

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1. **distyNotruf NEO** is intended to be used for communication as part of a DECT installation.
2. Please keep the operating instructions for future reference.
3. Use only a damp cloth for cleaning the device.
4. Do not use the device in extreme environmental conditions.
5. **distyNotruf NEO** is spray-proof and can be used in the shower. Do not submerge in water.
6. Never hold the device directly to your ear! The acoustic pressure of the loud speaker could damage your hearing.
7. Only use the supplied mains adaptor for charging the device.
8. The device is powered with a lithium-ion battery. Fully charge **distyNotruf NEO** at regular intervals.
9. For configuration use only the described equipment.
10. Do not attempt to disassemble or repair the device yourself. All maintenance and repairs must be carried out by well-trained and qualified personnel.

Further information and contacts are available at: [www.disty.de](http://www.disty.de)

**Help & Contact: [distynotruf@disty.de](mailto:distynotruf@disty.de)**

## Für Ihre persönliche Übersicht

For your personal overview

Pour votre aperçu personnel

Per una sguardo d'insieme personale

Para su información personal

Gespeicherte Personen/Saved persons/Personnes sauvées/  
Persone salvate/Personas salvadas:

1

2

3

4

5



### disty communications GmbH

Andreas-Gayk-Straße 7-11 • D-24103 Kiel

phone +49 (0)4 31 - 3 64 58 01

**Servicetelefon: +49 (0)4 31 - 3 64 58 22** (German-speaking)

**Help & Contact: [distynotruf@disty.de](mailto:distynotruf@disty.de)**

**[www.disty.de](http://www.disty.de)**

Technische Änderungen vorbehalten

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